

# Exploring Nature's Marvels: A Journey to St Helens, Tasmania

by Damien Thomas

Nestled along the pristine east coast of Tasmania, St Helens beckons travellers with its breathtaking landscapes, vibrant coastal scenery, and a wealth of outdoor activities. This charming town offers a perfect blend of natural wonders and recreational pursuits that make it a must-visit destination for many API members.

## The Scenery

The crown jewel of St Helens' attractions is undoubtedly the renowned **Bay of Fires**, a stretch of coastline that has earned its reputation for having some of the world's whitest beaches, crystal-clear turquoise waters, and distinctive, orange-tinged granite rocks. The juxtaposition of the white sand against the fiery-hued rocks creates a mesmerizing contrast that has captivated visitors from around the globe.



*Bay of Fires colourful rocks and clear water*



*The coastal boardwalk will blow your mind!*

As you explore the Bay of Fires, don't miss the opportunity to visit Binalong Bay, the southern gateway to this coastal paradise. The panoramic views from the **Binalong Bay Lookout** are simply awe-inspiring, providing a glimpse of the stunning natural beauty that lies ahead. Whether you choose to take a leisurely stroll along the beach or bask in the tranquillity of the surroundings, Binalong Bay offers a serene escape.

## Adventures Outdoors

For the adventure seekers, St Helens has a plethora of outdoor activities to satisfy every craving for excitement. The region is a haven for fishing enthusiasts, with opportunities for both shore and deep-sea fishing. Join a fishing charter to explore the abundant marine life or cast your line from the shore for a more laid-back experience.

Mountain biking enthusiasts will find joy in the extensive network of trails surrounding St Helens. The **Blue Tier Forest Reserve**, with its towering trees, lush vegetation, and historical mining relics, offers an immersive experience for both bushwalkers and mountain bikers. The trails cater to various skill levels, ensuring that everyone can enjoy the beauty of the Tasmanian wilderness.

### There & back

If you are arriving or departing via Hobart, the **Great Eastern Drive** will be the route you take. This is a wonderful scenic journey winding its way along Tasmania's east coast. As your trip unfolds, you will marvel at the breathtaking coastal landscapes, charming seaside towns, and opportunities to spot the local wildlife. Take your time to explore hidden gems along the route, stopping at lookout points, wineries, distilleries, and foodie places to absorb the beauty of the surrounding scenery.

As you drive through the picturesque landscapes, consider venturing into the heart of St Helens' hinterland, where you'll discover secluded spots and untouched wilderness. The region's diverse geography promises surprises around every corner, from dense forests to rolling hills and pristine rivers.



*Delicious woodfired pizza at The Grapevine Eatery, 25 Quail Street.*

### Culinary delights

No visit to St Helens would be complete without savouring the local cuisine. The town's proximity to the ocean ensures that fresh seafood takes centre stage on restaurant menus. Indulge in a gastronomic journey, sampling Tasmanian delicacies and enjoying the flavours of the region. Local cafes and restaurants offer a warm and welcoming atmosphere, providing an opportunity to immerse yourself in the community's culinary culture.



*Relax on the deck of API's St Helens Cottage.*

“ This is a hot property - so book as early as you can. ”

### Relaxation & reflection

St Helens isn't just about outdoor adventures; it's also a place to relax and reflect amid nature's wonders. Camp under the stars, surrounded by the sounds of the wilderness, or find solace on the quiet beaches, where the gentle lapping of waves becomes a soothing soundtrack to your thoughts.

In conclusion, a visit to St Helens is an invitation to immerse yourself in the beauty of Tasmania's east coast. From the iconic Bay of Fires to the hidden gems along the Great Eastern Drive, this charming town offers a diverse range of experiences for nature lovers, adventure seekers, and those seeking a peaceful retreat. Discover the magic of St Helens, where every moment is an opportunity to connect with the natural wonders that define this remarkable corner of the world. There is no better place to enjoy this experience than **API's well equipped three-bedroom cottage** perched on the top of the headland, offering expansive and ever-changing views over the bay. Then, the **coastal boardwalk** will blow your mind almost as much as knowing this house runs totally on green energy! Will you have solar-envy after staying here? **API**

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